

REBECCA KRUMEL SANCHEZ

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COURSES TAUGHT:

Ballet and pointe, modern and contemporary dance, **GYROTONIC®** and **GYROKINESIS®** methods, Pilates mat and reformer, dance composition and improvisation, writing and analysis for dance, dance appreciation, dance history, career preparation for dancers, anatomy, kinesiology and somatics for dance

EDUCATION

- 2021 Classes with the Límon Dance Company, Dance Now Miami, Daniel Lewis and Donna Krasnow (2022-2024)
- 2016 Certified Trainer, **GYROTONIC® Expansion System**.
GYROTONIC Level 1(2015), Level 2 (2018), Jumping Stretch Board (2021), Breathing Course (2023), Applications for Dancers (2024).
GYROKINESIS® Level 1 apprentice (2015, 2024), Specialized Gyrokinesis Certificate (2023).
Supervisors: Anjali Austin, Miriam Barbosa, Angela Crowley, Yannis Brunet, Paula Riviera, Adrianna Thompson.
- 2016 M.F.A., Florida State University, Tallahassee, FL. Major: Dance.
Supervisors: Anjali Austin, Jen Atkins, Rodger Belman, Loren Davidson, Suzanne Farrell, Timothy Glenn, Ilana Goldman, Gerri Houlihan, Rick McCullough, Anthony Morgan, Patricia Phillips, Russell Sandifer, Hannah Schwadron, Gwen Welliver, Tom Welsh, Jawoll Willa Jo Zolar, Leah Wrobel.
- 2015 Certified Instructor, Balanced Body Pilates. Mat 1 and 2. Supervisors: Jeannine Corbell, Loren Davidson.

Stott Pilates Mat CEC (2018). Reformer with Laura Ring (2016-2019). Steel Pilates with Teri Steele, Leah Bueno (2020-2021). Courses on Pilates Anytime (2020-2024).

Pilates Reformer training with Tom Welsh, Loren Davidson (2014-2016).
- 2012 B.A., University of South Carolina, Columbia, SC. Major: Dance, English.
Supervisors: Stacey Calvert, Cindy Flach, Kyra Strasberg, Thaddeus Davis, Tanya Wideman-Davis
- 2010 Studied, University of Leeds, England. Major: English.
- 2007 Graduated, Boston Ballet School, Boston, Massachusetts: Pre-professional Trainee Program.
Supervisors: Diedre Milesberger, Christopher Anderson, Franco De Vita, Christopher Hird, Raymond Lukens, Kathleen Mitchell, Anthony Randazzo, Jacqueline Ann Cronsberg, Celia Marino, Adriana Suarez, Mikko Nissinen.
- 2005 Power Pilates training (2005-2009)
- 2005 Graduated, Southwest Secondary Learning Center, Albuquerque, New Mexico.
- 2004 Studied, Central New Mexico Community College, Albuquerque, New Mexico. Focus: French and English.
- 2003 Studied, The Boston Conservatory, Boston, Massachusetts. Focus: Ballet and Modern Dance.
Supervisors: Luis Fuente, Tommy Neblet.
- 2004 Studied, Alwin School of the Dance, Albuquerque, New Mexico. Training in: ballet, pointe, partnering, jazz
Supervisors: Karen Alwin, Lynn Crawford-Cox, Deanna Encinias, Luis Fuente, Joetta Jercinovich,
Summer intensives included: Alonzo King, Wendy Miner, Summer Lee Rhatigan.

2003 Passed Commended, The Cecchetti Method of Ballet, up to professional level (1-7 CCA).
Supervisors: Karen Alwin, Pamela Moore.

Studied, on scholarship at summer intensives: American Dance Festival, USC Dance Program, Pittsburgh Ballet Theatre, Boston Ballet, The Washington Ballet, American Ballet Theatre, The Boston Conservatory, Marin Dance Theatre, The International Cecchetti Council of America Summer School at Hope College, The Performers Ballet & Jazz Company in Albuquerque, NM. 1997-2007

TEACHING & EMPLOYMENT

2024-present	Ballet Director, Artistry Dance Alliance, Tallahassee, FL
2024	Guest Gyrotonic and Gyrokinesis Trainer, The Movement Lab, Albuquerque, NM
2024	Guest faculty, Magnify Dance Center, Albuquerque, NM
2022-2024	Dance Faculty, New World School of the Arts. Miami, FL High school and college dual-enrollment classes: Modern Dance, Repertory, Dance Appreciation, Career Preparation for Dancers, Senior Showcase, Anatomy, Kinesiology and Somatics for Dance Responsibilities included teaching, choreographing, rehearsal directing, developing curricula, overseeing grades for adjuncts, overseeing college applications and auditions for high school seniors, directing high school senior showcase, organizing all travel arrangements and communications with administration and parents for out-of-county trips, chaperoning field trips and performing trips, fundraising and advising for National Dance Honors Society, organizing community service projects
2021-2022	Trainer, Gyrotonic® Coral Gables. Miami, FL Taught private and group sessions using specialized equipment.
2016-2021	Ballet Director, Artistry Dance Alliance. Tallahassee, FL. Taught ballet, pointe, contemporary, modern dance, improvisation, Pilates, conditioning I oversee the ballet curriculum, teach, and provide private coaching for competitive dancers.
2016-2021	Trainer, Gyrotonic® Tallahassee. Tallahassee, FL. Taught private and small group sessions using specialized equipment.
2016, 2018-2019	Adjunct Faculty, Florida State University School of Dance. Pilates, Ballet for majors I, II, III; Ballet for non-majors I, II, III, Gyrokinesis® for dancers
2016-2021	Adjunct Faculty, Pas de Vie Ballet, Tallahassee, FL. Ballet, modern dance, conditioning.
2013-2021	Private Ballet Coach and Freelance Choreographer, Tallahassee, FL.
2016-2021	Choreographer and Worship Ensemble Director, faculty, Wildwood Ballet, Tallahassee, FL. Co-directed the company/ensemble; choreograph productions, taught ballet.
2018-2019	Faculty, FSU Summer Dance Intensive, Florida State University School of Dance. Ballet and conditioning, repertory
2016-2019	Key Leader and Assistant Showroom Manager, lululemon athletica. Tallahassee, FL. Managed the sales floor and trained new hires during a transition to a larger store. I helped open a new store in Tallahassee where I was in charge of visual merchandising, people development, and coordinating community events.
2013-2016	Instructor of Record (graduate teaching assistantship), Florida State University School of Dance. Pilates Mat, Beginning Ballet I, Intermediate Ballet.

2013-2016	Office Assistant & Documentation Crew, Florida State University School of Dance.
2015-2016	Faculty, Ballet Arts Conservatory. Tallahassee, FL. Ballet, pointe.
2015-2016	Faculty, South Georgia Ballet. Thomasville, Georgia. Ballet, pointe.
2013-2016	Faculty & Company Choreographer, Wildwood Ballet School. Tallahassee, FL. Ballet (ABT Method), modern, choreography, conditioning.
2014-2017	Ballet Instructor, Dance Tallahassee (local contemporary dance company).
2014-2015	Pilates Instructor, The FIRM, Tallahassee, FL.
2014	Staff Assistant, The American Dance Festival, Durham, North Carolina. I worked for the Executive Office and Development Office.
2013	Assistant to Administrative Director, SC Summer Dance Conservatory. Columbia, South Carolina. I managed mailing lists, received payments, and performed various office duties. I also served as guest faculty liaison and rehearsal assistant for guest faculty.
2010-2013	Assistant to the Director, University of South Carolina Dance Program, Columbia, SC. I assisted writing and editing the document for NASD accreditation, as well as numerous publications, grants, public relations, and development. I also Coordinated the SC Festival of Dance, 2012 and 2011; assisted coordinating the annual Ballet Stars of NYC Galas 2010-2013.
2010-2013	Teaching Assistant, University of SC Dance Program. Ballet I for non-majors (two semesters); Dance Appreciation (six semesters)
2012-2013	Ballet Instructor, Columbia City Jazz. Columbia, South Carolina.
2011-2013	Ballet Instructor, USC Dance Conservatory. Columbia, South Carolina.
2005-2013	Guest Choreographer, Magnify Dance Company. Albuquerque, New Mexico.
2011-2012	Ballet Instructor, private pre-ballet lessons in Columbia, South Carolina.
2011-2012	Editor for Dr. Mila Parrish (former Professor of Dance Education at University of SC, Head of Dance Education at UNC Charlotte).
2007-2009	Pilates Instructor, The Factory at Tapps. Columbia, South Carolina.
2007-2008	Company Member, Columbia City Ballet. Columbia, South Carolina.

CHOREOGRAPHY

- 2025
 - The Little Mermaid, 40-minute contemporary ballet with forty-three pre-professional dancers from Artistry Dance Alliance [The Moon], Tallahassee, FL (May 2025)
- 2024
 - Let Go, twenty-two dancers, New World Theatre, [New World School of the Arts] Miami, FL (May 2024)
- 2023
 - DRENGR, twenty-eight dancers, New World Theatre, [New World School of the Arts] Miami, FL (May 2023)
 - Mary Did You Know, three dancers, Lifted Church, Miami, FL (December 2023)
- 2022
 - Emmanuelle, five dancers, Lifted Church, Miami, FL (December 2022)

- My Prayer for You, duet, Lifted Church, Miami, FL (May 2022)
- 2021
- Merry Go-Round, solo to music from Howl's Moving Castle, Artistry Dance Alliance, (October 2022)
 - The Swan, solo to music by Camille Saint-Saëns, with live piano and cello, dancer Seah Hagan (dancer with Momix) [Camerata South] Thomasville Center for the Arts, Thomasville, GA (October 2021)
 - Intimations of Immortality, reset to original music by Robert Strobel, dancer Lauren Kelly [Camerata South] Thomasville Center for the Arts, Thomasville, GA (October 2021)
 - Bohemian Rhapsody, duet to music of David Popper, performed with live orchestra.
 - Partita No. 2 in D Minor, trio performed to music by Bach, with Corinne Stillwell, violin [Camerata South] Thomasville Center for the Arts, Thomasville, GA (March 2021)
 - Juliet and Friends, 20 minute ballet production to selections of Prokofiev's Romeo and Juliet, Act I, [Artistry Dance Alliance]. Chiles High School, Tallahassee, FL; performed with live orchestra [Camerata South] Thomasville Center for the Arts, Thomasville, GA (June 2021)
- 2020
- String Quartet No. 7 in F-Sharp by Shostakovich, duet in collaboration with Kaitlyn Christenson Sacco [Camerata South] Center for the Arts, Thomasville, GA (November 2020)
 - Arabian Nights, Speechless (original choreography to the major motion soundtrack) [Artistry Dance Alliance] Ballet levels A-D recital. Chiles High School, Tallahassee, FL (July 2020)
 - The Journey Home [Wildwood Ballet] Chiles High School Auditorium, Florida State University (March 2020)
- 2019
- Midnight Ball, selections from Prokofiev's Ballet Cinderella Act I [Artistry Dance Alliance] Ballet levels A-D recital production. Chiles High School, Tallahassee, FL (June 2019)
 - Because He Lives [Wildwood Ballet Ensemble] Freedom Church, Tallahassee, FL (2018)
- 2018
- Waltz of the Hours from Coppelia, Act III (restaged after Petipa). Mazurka from Coppelia Act I (original choreography). [Artistry Dance Alliance] Ballet levels A-D recital production. Chiles High School, Tallahassee, FL (June 2018)
 - Intimations of Immortality. [FSU Alumni Showcase] FSU School of Dance (November 2018).
 - New Every Morning; The Stand; Here I Am To Worship. [Wildwood Ballet Ensemble] churches in Tallahassee, FL (2018)
 - Mary|Martha. Latin Caribbean Festival, Gallery 621, Tallahassee, FL (October 2018).
- 2017
- Gavotte, [Artistry Dance Alliance] Ballet production for levels A-C. Chiles High School, Tallahassee, FL (June 2017)
 - Centuries [Wildwood Ballet] Choreography and Improvisation Class. Tallahassee, FL (May 2017)
 - Breath of Heaven, Light of the Stable, After the Last Tear Falls, Joy of the Lord, Thy Will, Behold the Lamb of God, House of Prayer. [Wildwood Ballet Ensemble] Wildwood Church, Tallahassee, FL (2016-2017)
- 2016
- Intimations of Immortality [Nancy Smith Fichter Dance Theatre. Black Box Studio. Word of South Festival. 621 Gallery] Original music by Robert Strobel, keyboard and voice. (spring 2016)
 - Intimations of Immortality [New Grounds Dance Festival] University of South Florida (spring 2016)
 - Now We See In A Mirror Dimly... [Benchmarks of Dance Concert] Original music by Daniel Smith, piano and cello. University of South Carolina Dance Program (April 2016)
 - The Journey, Continued [Wildwood Ballet] Ruby Diamond Concert Hall, Florida State University (March 2016)
 - Beauty Unveiled [Ashes of Beauty] MFA Thesis Concert, original music by Daniel Smith, piano and cello. Nancy Smith Fichter Dance Theatre, Florida State University (February 5-6, 2016)
- 2015
- Spanish [The Nutcracker] South Georgia Ballet, Thomasville, Georgia (winter 2015)
 - Glyph, three dancers, [Second Annual Interdisciplinary Symposium] Collaborative research project with composer Logan Castro. Florida State University (fall 2015)
 - Maestros [Days of Dance Concert. ACDA Southeastern Conference] Music by Irwin Kostal and edited by Dan Smith. Research and conducting lessons with Rachel Grubb and Professor Alexander Jiminez. Nancy Smith Fichter Dance Theatre, Florida State University (spring 2015)
 - But Now We See [FSU's Graduate Dance Choreography Showcase, First Friday Tallahassee, Gallery 321] Florida State University (2014-2015)
 - The Journey Part 2 [Ruby Diamond Concert Hall] Wildwood Ballet, Tallahassee, FL (spring 2015)
- 2014

- Beta 2, [American College Dance Festival, First Annual Interdisciplinary Symposium] original music by Eric Mullis. Durham, North Carolina; Florida State University (summer-fall 2014)
- Beta, three dancers, [Graduate Choreography Showings] Black Box Theatre, Florida State University (spring 2014)
- Placid Cacophony, [Graduate Choreography Showings] Black Box Theatre, Florida State University (spring 2014)
- The Journey, full length ballet [Wildwood Ballet] Opperman Music Hall, Florida State University (spring 2014)
- Psalm 17, [Wildwood Ballet] Chiles High School, Tallahassee, FL (spring 2014)
- 2013
 - No More Night [Wildwood Ballet] Wildwood Church. (summer 2013)
 - Premonition [Days of Dance showings] Performed with Pianist Daniel Smith. Florida State University. (fall 2013)
 - Oh Great Rushing Wind [Deep Calls to Deep Evening of Art] original music by Bobby Hatfield, guitar, voice (The Sea Wolf Mutiny) Church of the Apostles, Columbia, South Carolina (May 2013)
 - Down in Yon Forest [Deep Calls to Deep] Church of Apostles, Columbia, South Carolina. (May 2013)
- 2012
 - Candy Colored Swirls [solo performance] University of South Carolina, Florida State University (fall 2012)
 - Asylum [Student Choreography Showcase] University of South Carolina (spring 2012)
- 2011
 - XIV [Student Choreography Showings], original music by John Coker for upright bass, McKissic Museum, Columbia, SC (December 2011)
 - Psalm 147 [The Performers Ballet and Jazz Company] Albuquerque, New Mexico (fall 2011)
 - Psalm 117 [Student Choreography Showcase] The Koger Center for the Arts, Columbia, SC (April 2011)

PERFORMING EXPERIENCE

Tallahassee, FL, and south Georgia

- String Quartet No. 7 in F-Sharp by Shostakovich, with Kaitlyn Christenson Sacco, live music by Camera South String Quartet, Valdosta Center for the Arts, GA (March 2025)
- His Song, by Suzie Bowling, to Serenade for Strings by Tchaikovsky [Camerata South] Center for the Arts, Thomasville, GA (September 2021)
- Spring, from the Four Seasons by Vivaldi, by Kaitlyn Christenson Sacco, live music by Camerata South, Center for the Arts, Thomasville, GA (April 2021)
- String Quartet No. 7 in F-Sharp by Shostakovich, co-choreographed with Kaitlyn Christenson Sacco, live music by Camerata South, Center for the Arts, Thomasville, GA (November 2020)
- Because He Lives duet with Ircamar Garcia [Wildwood Ballet Ensemble] Freedom Church, Tallahassee, FL (2018)
- The Labrynth, Robin Stuyverson's Master's Thesis Capstone, site-specific performance, FSU Campus (2019)
- Mary|Martha, duet with Ircamar Garica [Latin Caribbean Festival] Florida A&M University, Tallahassee, FL (2018)
- Oh Holy Night, New Every Morning, The Stand, Here I Am To Worship, Breath of Heaven, Light of the Stable, After the Last Tear Falls, Thy Will, Behold the Lamb of God, House of Prayer, in collaboration with Ircamar Garcia [Wildwood Ballet Ensemble] Tallahassee, FL (2015-2018)
- The Walls Between Us, Ircamar Garcia and Dancers [Latin and Caribbean Festival] Florida A&M University. (fall 2017)
- Between Walls, Ircamar Garcia and Dancers. Gallery 621 Annex. (spring 2017)

Florida State University School of Dance, Tallahassee, FL.

- Extended Ritual, solo premiered by Rodger Belman, 1989. [Spring Choreography Showing] Black Box Studio, Florida State University. (spring 2016)
- The Only One [Contemporary Method, visual art and dance MFA candidates collaboration] solo performance and installation. Carnegie Arts Center (spring 2016)
- Mrs. K by Herman Ramos [Studio 215 Showing] solo performance (summer 2015)

- But Now We See [Graduate Student Choreography Showcase] solo performance, Florida State University (spring 2015)
- Secret Beach by Erika Hand. [Days of Dance Concert] Nancy Smith Fichter Dance Theatre, Florida State University (spring 2015)
- Barring None by Hannah Schwadron [Days of Dance Concert] Nancy Smith Fichter Dance Theatre, Florida State University (spring 2015)
- Light Within [Gallery 321. Studio 215] solo performance (fall 2014-spring 2015)
- Bridal Mask by Jee Euhn Ahn [MFA concert] Nancy Smith Fichter Dance Theatre, Florida State University (spring 2014)
- Farewell to Music by Anthony Morgan [Evenings of Dance Concert] Nancy Smith Fichter Dance Theatre, Florida State University (fall 2013)

World Ballet, (Guest Artist) Tallahassee, FL.

- Snow and Flowers [The Nutcracker] Lee Hall, Florida A&M University (winter 2014)

American Dance Festival, Durham, North Carolina.

- Migration by Wang Qi of National Ballet of China [American Dance Festival International Choreographers Showcase] Duke University (summer 2014)
- "Max" from Deca Dance by Ohad Naharin, rehearsal director Tom Weinberger [American Dance Festival] Duke University (summer 2014)
- Activist Ensemble directed by Jesse Zarritt and Neil Harris [American Dance Festival] Duke University (summer 2014)

Wildwood Ballet, Tallahassee, FL.

- The Journey, story ballet by Robin Stuyverson (spring 2014, 2015, 2016, 2020)

Artist in Residence at Church of the Apostles, Columbia, South Carolina.

- Oh Great Rushing Wind, Down In Yon Forest (spring 2013)

University of SC Dance Company, Columbia, South Carolina.

- It's Getting Heavy by Thaddeus Davis [ACDA Southeastern Conference], spring 2012
- February 14, 2012 by Helen Pickett, spring 2012
- Walpurgisnacht Ballet by George Balanchine, spring 2012
- Who Cares? by George Balanchine, spring 2012
- Heavy Matters by Thaddeus Davis, Contemporary Dance Concert spring 2012
- Four by Caitlin McCormack, Contemporary Dance Showcase, spring 2012
- Asylum, (choreographer and dancer) Contemporary Dance Showcase, spring 2012
- Paquita Act II staged by Kyra Strasberg, fall 2011
- Eight Jelly Rolls by Twyla Tharp, fall 2011
- Western Symphony by George Balanchine, spring 2011
- Great Galloping Gottschalk by Lynn Taylor-Corbett, fall 2010
- Raymonda Variations by George Balanchine, fall 2010
- { } by Julianna Jordan, fall 2010; Creep by Bethany Marie Sharp, fall 2010
- Celts by Lila York, spring 2009
- Who Cares? by George Balanchine, spring 2009
- Deuce Coupe by Twyla Tharp, fall 2008
- Walpurgisnacht Ballet by George Balanchine, spring 2009
- Rubies by George Balanchine, spring 2009
- Western Symphony by George Balanchine, spring 2008

Columbia City Ballet

- Beauty and the Beast, Cleopatra, Dancing the Art of Jonathon Green, The Nutcracker, Alice in Wonderland, Scrooge, Dracula by William Starrett, 2007-2008

Pittsburgh Ballet Pre-Professional Division 2007

- Myrtha in Giselle, Act II
- Contemporary Rep by PBT faculty

Boston Ballet and BBII 2005-2007

- A Midsummer Night's Dream by Mikko Nissinen
 - The Nutcracker by Mikko Nissinen
 - Marianne solo by Bonnie Mathis, BBII director
- Boston Ballet School 2005-2007
- Divertimento No. 15 by George Balanchine
 - Valse Fantasie by George Balanchine
 - Serenade by George Balanchine
 - The Four Temperaments by George Balanchine
 - Who Cares? by George Balanchine
 - Les Jardin Animé from Les Corsaire, staged by faculty
 - "Shades" from Les Corsaire, staged by faculty
- YAGP New York Finals 2005
- "Esmeralda" variation; "Gamzatti" variation from La Bayadere; "Arabian Night" by Karen Alwin
- The Performers Ballet and Jazz Company, Albuquerque, New Mexico, 1997-2004
- Pre-Professional company - works by choreographers including Karen Alwin, Lynn Crawford-Cox, Luis Fuente, Alonzo King, Fletcher Nickerson, Wendy Miner

RESEARCH and PRESENTATIONS

"Thomasville Live from the Center" lecture demonstrations and choreography at Thomasville Center for the Arts and on WFSU North Florida/South Georgia PBS Channel and streaming app, 2020-2021

"Beauty Unveiled", Master of Fine Arts thesis proposal and concert. spring 2016

"Glyph", Second Annual Interdisciplinary Symposium at Florida State University (performance and research presented with composer and collaborator Logan Castro). fall 2015.

"Beta2", First Annual Interdisciplinary Symposium at Florida State University (performance and research presented with composer and collaborate Logan Castro). fall 2014.

"Palmetto Pointe Project", Columbia Metropolitan Magazine, October 2012.

"Flamenco: An Introduction to History and Culture", USC Libraries Undergraduate Research Award, 2012.

"The Palmetto Pointe Project", The Daily Gamecock, Jasper Magazine, September 2011.

COMMUNITY and EXTRACURRICULAR ACTIVITIES

Company dancer and choreographer, Music in Motion Dance Company 2024-present

Senior Showcase Mentor and Director, New World School of the Arts high school, 2023, 2024

Faculty Chaperone, Organizer and Rehearsal Director for Florida Dance Performance Assessment (FDPA), 2024

Chapter Sponsor, National Honors Society for Dance Arts, NWSA 2022-2024

Community service project organizer for NHSDA 2022-2024

Choreographer, Worship and Creative Arts, Lifted Church, Miami, FL 2022-2024

Faculty Chaperone and Organizer, National High School Dance Festival, Point Park University 2023

Music and Movement classes for preschool ages 2-9 at Lifted Church, Miami, FL 2022

Gyrokinesis® classes taught on Zoom for friends and family during COVID-19 pandemic 2020-2021

Worship Ensemble Director and Choreographer, Wildwood Ballet and local churches in Tallahassee, 2016-2021

Yoga for a Cause Benefit for Hurricane Katrina, Tallahassee, 2018

Private flamenco lessons with Annie and Bill Giles at The Farm in Tallahassee summer 2017-2021

Community Yoga coordinator, lululemon Tallahassee, 2017

Gyrokinesis® classes taught at Verity Health Center, 2016-2017
Salsa dance lessons with Jorge and Lissette Merlano 2017
Salsa dance lessons with Corazon Salsa Dance Club, summer 2016
Private Voice Lessons with Dr. Marcía Porter, FSU School of Music, fall 2015 and spring 2016
Coordinator, Spring Choreography Showings, Black Box Theatre, FSU School of Dance, spring 2014-2016
Installation performance with Working Method Contemporary, FSU Art Department, spring 2016
Choreography Collaboration Initiative - projects among selected FSU School of Dance Graduate Student choreographers and members of FSU School of Music Composer's Society, spring 2016
Grade Appeal Committee for non-major dance course at FSU, spring 2015
Guest Faculty, American College Dance Association Southeastern Festival, spring 2015
The Garden Project, benefitting Wildflower Association of Tallahassee, spring 2015
The Memory Project, benefitting Wildflower Association of Tallahassee, spring 2014
FSU Community Arts Initiative member, 2014-2016
FSU Graduate Dance Council member, 2013-2015
Coordinator, Evening of Arts at Church of the Apostles, Columbia, SC 2013

MEMBERSHIPS, HONORS and AWARDS

NDEO Professional Member since 2022
Gyrotonic® Trainer since 2015
Pilates Method Alliance member, 2015-2022
Corps de Ballet International Congress, 2019
International Worship Congress, Israel - invited to join festival dance team in Jerusalem, October 2017
New Grounds Dance Festival - invited to present choreography at USF in Tampa, FL May 2016
Phi Kappa Phi Artist Award 2015, nominated by Professor Gerri Houlihan and the Honor Society of Phi Kappa Phi
SLFCU Video Scholarship Contest Winner, summer 2014
Vertigo Dance Company, Israel - selected to join the International Training Program, 2014-2015
Graduate Assistant and Tuition Scholarship, FSU School of Dance Master of Fine Arts Program, 2013-2016
Friends of Dance Scholarship, Florida State University, 2013-2015
University of South Carolina Libraries Undergraduate Research Award, Top Prize, 2012
College of Arts and Sciences Dean's List, University of South Carolina for eight semesters 2008-2012
Dance Scholarship, University of South Carolina, 2008-2012
US Fulbright Applicant for M.A. in Dance Anthropology at University of Roehampton, London 2011
Global Exchange Program Tuition Scholarship, University of South Carolina 2010
Rotary Foundation International Ambassador Scholarship Applicant, 2009
Pittsburgh Ballet Scholarship for Summer and Pre-Professional Program, 2007
Boston Ballet Summer School scholarship, 2006
The Washington Ballet Summer scholarship, 2005
Boston Ballet School Full Scholarship, Pre-Professional Division 2005-2007
Youth America Grand Prix New York City Semi-Finalist 2005
New Mexico Women Magazine Women of the Year Nominee 2004

University of New Mexico Award of Excellence for Top 10% of New Mexico High School Juniors 2003

The Boston Conservatory Summer Scholarship, 2004

Marin Dance Theatre, Summer Scholarship 2003

Cecchetti Council International Summer School, Scholarship Winner 2001 and 2002